# The Kalamazoo Earth Day Coalition

invites you to a free 2-part live webinar series via **Zoom.us**:

Health & Disease: An Ayurvedic View - Part 1 of 2 Topic: "What Is Ayurveda?"



### Featuring: Bill Courson, Doctor of Ayurveda

Certified Herbalist; Faculty Member & Dean of Students, BVI School of Ayurveda, Kalamazoo, MI

Date: Wednesday, April 22, 2020 Time: 1:30-3:00 p.m. Eastern Time (US and Canada)

**NOTE:** The two webinars in this series are closely intertwined, such that, unless you have background in Ayurveda, it's best to attend both sessions. You may, of course, join one or the other according to your availability. If you wish to receive more information about Ayurveda, please send an email message or inquiry to the BVI School of Ayurveda and mention that you are planning to attended this program (email: <a href="mailto:BVI.Ayurveda.MI@gmail.com">BVI.Ayurveda.MI@gmail.com</a>). Thank you!

**Program Description:** Ayurveda means "The Science of Life" or "The Science of Longevity". Ayurveda is an ancient Indian way of knowledge whose aim is to augment and enhance life by living in accordance with the cycles of Nature. Today, Ayurveda's history, scope, basic theory and methods will be discussed. What you learn today will serve as a basis for understanding Bill's presentation tomorrow on pathology and disease prevention.

### There is No Pre-Registration required for this set of programs.

However, if you plan to attend one or both of these two programs, we request that you send your name and email to Ruth Small, Ph.D., Administrative Director, BVI School of Ayurveda at <a href="mailto:indiaink47@gmail.com">indiaink47@gmail.com</a>
She will return the favor by sending program material to you in advance

This Zoom meeting allows for 100 individuals to attend. It would be wonderful to have that many people, so please forward this email and invitation below to anyone you feel would enjoy Bill's two presentations on Ayurveda.

#### **Invitation Instructions:**

• Simply click on the appropriate link for your device and then wait patiently for Zoom to appear on your screen.

• Respond to any questions that appear (for example: "Allow to Download Zoom" or the like).

### **Meeting Protocol:**

- When you enter the meeting, your audio will be automatically muted.
- Please leave your device muted for the duration of the presentation.
- At the end of the program, Bill will take questions from the audience. You may then "Unmute" your device speaker to ask your question or to make a comment. When you have finished speaking please again "Mute" your device.
- To locate the "Unmute" and "Mute" button, place your cursor on the upper right-hand corner of your image.

Thank you for your participation and cooperation.

#### Your Zoom Invitation is found below:

## Join Zoom Meeting

https://us02web.zoom.us/j/784846506

Meeting ID: 784 846 506

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- +1 301 715 8592 US

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> Each program in this 2-Part Series is 90 minutes in length. An opportunity for Q&A will follow each of Bill's Presentations.

**NOTE:** If you wish to receive more information about Ayurveda, please send an email message or inquiry to the BVI School of Ayurveda and mention that you are planning to attended this program (mail: <a href="mailto:BVI.Ayurveda.MI@gmail.com">BVI.Ayurveda.MI@gmail.com</a>). Thank you!

If you need to leave the meeting before it's completed, please go quietly.

If you have any questions please contact Ruth Small at indiaink47@gmail.com